

# How to achieve stable trotting?

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## SUMMARY

Trotting is a natural gait of quadrupedal animals. In this study we investigated how trotting can be stabilized. Stability was analyzed using an enhanced spring-mass model and gait parameters were taken from dog experiments. Dogs take advantage of compliant leg dynamics but a preparation for ground contact is necessary. We found that a combination of swing-leg retraction and leg stiffening shortly before touch-down is necessary for stable trotting.

## INTRODUCTION

Animals use different gaits for locomotion at different speeds (e.g. walking, trotting, galloping) while the legs act like mechanical springs [1]. The trotting gait of dogs seems to be a very smooth gait and is used for a wide range of velocities. From a mechanical point of view, trotting is closely related to human running which can be described by a simple spring-mass model predicting self-stability in walking and running [2, 3].

Here we analyze strategies of stabilizing dog trotting by taking an additional degree of freedom, i.e. the body pitch, into account.

## METHODS

We conducted experiments on dogs (*Canis lupus f. familiaris*, Airedale Terrier) trotting at 2 m/s on an instrumented treadmill (with integrated Kistler force sensors and external Qualisys motion capture system) and analyzed spatiotemporal and dynamic parameters.

Based on these parameters we built a simple model of the dog, which consists of two massless leg springs connected to the anterior and posterior ends of the rigid body (Fig. 1). Self-stability was analyzed by using the steps-to-fall method [2] and appropriate control strategies [4] were identified using Poincaré return maps.

## RESULTS AND DISCUSSION

Experiments show that trotting is a running gait where the legs act like springs. This spring-like leg behaviour is more pronounced in the front limbs than in the hind limbs. Simulations indicate that a speed of 2 m/s is not sufficient to achieve self-stable trotting for fixed angles of attack  $\alpha_0$ . In a second step, swing-leg retraction [4] was applied to stabilize gait. This motion is also observed in dog trotting (Fig. 2). Based on the experimentally identified trotting solution we found that swing-leg retraction may stabilize locomotion but the predicted retraction speed is lower than that of dogs ( $\omega_{FL} \approx 250$  deg/s,  $\omega_{HL} \approx 270$  deg/s). Introducing a combination of swing-leg retraction and leg stiffening in preparation for ground contact is suited best to stabilize the observed trotting gait (Fig. 2).

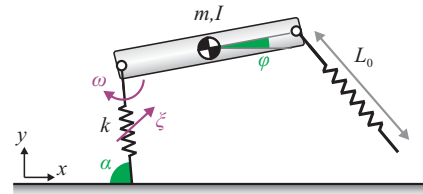


Figure 1: Conceptual model of a quadrupedal animal.

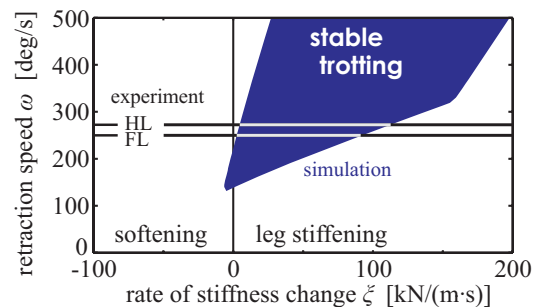


Figure 2: Combinations of swing-leg strategies leading to stable trotting (blue area). Horizontal lines represent experimental data for hind legs (HL) and front legs (FL).

The swing-leg retraction is mainly performed by proximal leg segments [5] and could be enhanced by joint flexion or extension. The non-linear relationship between joint torque and leg force in segmented legs further supports stability in bouncing gaits [6]. The model predicted a leg stiffening mechanism, which might be done by increasing muscle activity before touch down [7].

In future, these gait and stability analyses on simplified dog models will be extended to other gait patterns (e.g. walking) also including the effects of a compliant trunk.

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